



Cal-C-Vita

Trade Mark

ROCHE

Composition

1,000 mg vitamin C, 250 mg calcium (625 mg CaCO_3), 300 IU vitamin D, 1,350 mg citric acid, 15 mg vitamin B_6 per effervescent tablet.

1 effervescent tablet contains 881 mg carbohydrates (calorific value: 3.6 kcal) and 170 mg Na, equivalent to 0.4 g NaCl.

Properties, effects

The substances needed by the body for its growth, maintenance and energy requirements can be utilized only if vitamins and minerals are ingested in addition to proteins, fats and carbohydrates. There is an important interdependency between the metabolism of vitamins C, B_6 and D and calcium, particularly in bone formation: calcium is the mineral most closely associated with vitamin metabolism. «Cal-C-Vita» helps to strengthen the body's resistance to disease.

Indications

Increased requirement of tissue-building substances during the years of growth and development, in disease and convalescence, in old age, at times of physical and mental effort, and at times of high susceptibility to colds.

To reinforce powers of resistance in infections; to counter premature physical exhaustion.

To promote healing of wounds and fractures; to prevent vitamin and calcium deficiency as well as osteomalacia.

Standard dosage

1 effervescent tablet daily (or as recommended by the doctor). Dissolved in a glass of water, the tablets make a pleasant drink.

Restrictions on use

«Cal-C-Vita» should not be given in the presence of hypervitaminosis D, hypercalcemia or kidney failure. Moreover, «Cal-C-Vita» should not be taken for any length of time in larger amounts than the recommended dose.

Undesirable effects

Provided the dosage recommendations are observed, no side effects are to be expected, even after long-term use.

Stability

This medicine should be used before the date shown after EXP on the pack.

Packs

Effervescent tablets

10

This is a medicament

- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

Keep medicaments out of reach of children

Council of Arab Health Ministers
Union of Arab Pharmacists



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